

# Connections Memory Care



Senior Living, but Different...



## Connections

We all make numerous connections over the course of a lifetime, and the ones that mean most to us are those that evoke feelings of joy, love, contentment and engagement.

With this awareness, Daylesford Crossing has designed a positive, holistic approach to

memory care: Connections.



## Where We Begin

From the outset, we recognize that each Connections resident is unique. They may be limited by their condition, but each still possesses a rich history, singular experiences, and distinctive gifts.

**Our first step with you** is to remove the mystery surrounding dementia and its treatment. We understand that residents and their loved ones are navigating through an emotional and confusing time in their lives.

**Secondly**, we partner with each resident's family and advocates and offer them personalized support, guidance, and counsel that evolve as the memory care needs change. So, not only do we provide unsurpassed quality of care for residents; we also bring real peace of mind to their families.  $\leftarrow$ 



# Positive Approach to Care®

**Third**, dementia in all its forms manifests itself differently with each individual; so we're committed to listening, observing, and individually assessing each resident.

We employ an extensive education and training program called Positive Approach to Care® which was developed by internationally acclaimed dementia care expert Teepa Snow.

The approach incorporates the recognition of an individual's changing abilities, leading to an adjustment of expectations and the most appropriate hands-on care at any given moment.



Experience the restorative calm of gardening, offered inside and out for year-round enjoyment.



Mom's enjoying personalized attention in our Spa with a relaxing massage or manicure.



Our signature 'Move for Life' program improves strength, balance, and flexibility.





Cheer on the Eagles and Phillies on our big screen in the Café, or participate in lively talks and trivia games for sports enthusiasts.



Dad's busy in the Great Room tackling crossword puzzles and computerized memory games.



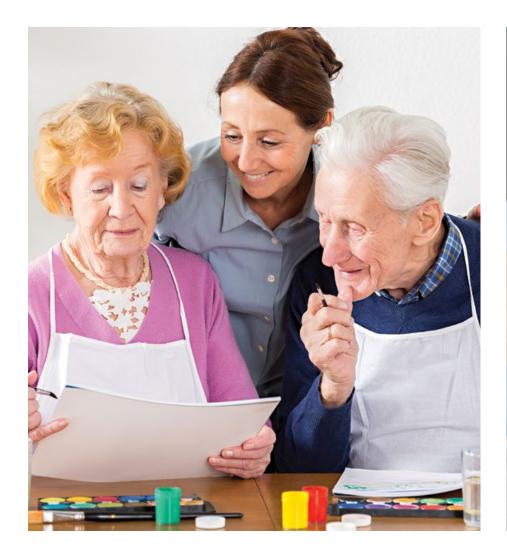
Larger programs and small group discussions offer engaging conversations and social interaction throughout the day.

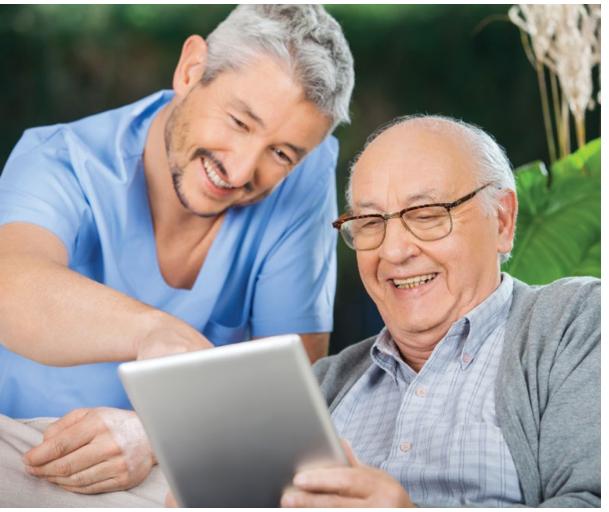
## Life Enrichment

We also incorporate this **individuality of care** by providing a personalized daily routine intended to give each resident the structure that empowers them to succeed. And this includes abundant opportunities for resident self-determination within the safe confines of our beautiful indoor and outdoor Connections living and life enrichment areas.









# A Team of Care Specialists

Connections is designed to provide **dedicated support** to residents and their families, so our staff shares in residents' accomplishments and struggles as well as their preferences and idiosyncrasies.

From our Medical Director to our Health & Wellness team — including our nurses, care and support staff — our Connections team is specially



trained and share an affinity for serving the unique needs of those with dementia. By working together with a diverse team of dementia specialists, social workers, music therapists, and volunteers we offer a collaborative approach. This approach allows us to consider all aspects of the emotional, social, physical and spiritual needs of each individual in order to develop an individualized plan of care.



# A Comfortable Home

### that Fosters Contentment







Our Connections Memory Care community offers a reassuring, engaged environment for residents built on the three Daylesford Crossing features of **Home**, **Lifestyle** and **Wellness**.

The boutique-style space enhances the special amenities found throughout Daylesford Crossing – just "right-sized" for the Connections community.



### Comprehensive Connections Services

- · All utilities including phone, cable, and Internet.
- · Routine housekeeping and personal laundry.
- 24-hour dedicated staff, including a 24-hour nurse and concierge at the community.
- · Scheduled transportation and trips.
- 14 lovely, full-sized apartments with large windows and high ceilings. We offer apartment styles from studio to 2-bedroom.
- · A state-of-the-art health and wellness center.

- A calming and comfortable environment featuring large windows that allow the outdoors "in"; a large aquarium, water walls, sports spots and media rooms; and full access to a lush, outdoor sculpture garden with raised gardens and walking paths.
- Our culinary staff creates and oversees
   a savory and nutritious menu using the
   freshest seasonal ingredients. Residents
   can enjoy light fare options and enjoy
   favorite meals and flexible dining options
   available throughout the day and evening.
   We also accommodate special diets.

## A Meaningful and Engaging Lifestyle

Connections residents can and should continue to pursue a full, active lifestyle, experiencing the full mosaic of life. The Connections programs offer opportunity and encouragement to engage in activities including:

- · Core strength, balance and mobility exercise
- Social interactions with large and small group activities
- Individualized life skills pursuits and an adaptive schedule of programming to match each individuals interests.

- Family events
- Cultural and community engagement
- Intergenerational connectivity
- Spiritual programs
- Physical therapy

Throughout, Daylesford Crossing's stated mission is "to be the best home for each resident — **every day**."

We would love to show you our mission in action!







### Explore Our Area

### **ACTIVITIES & ATTRACTIONS**

- A Devon Horse Show
- B Radnor Hunt Club
- Chanticleer Garden
- D Valley Forge National Park
- E Aronimink Golf Course
- F Bryn Mawr Film Institute
- **G** Upper Main Line YMCA
- H Paoli Library
- I Waynesborough Country Club
- J Villanova University
- K Malvern Prep
- L Episcopal Academy

#### SHOPPING

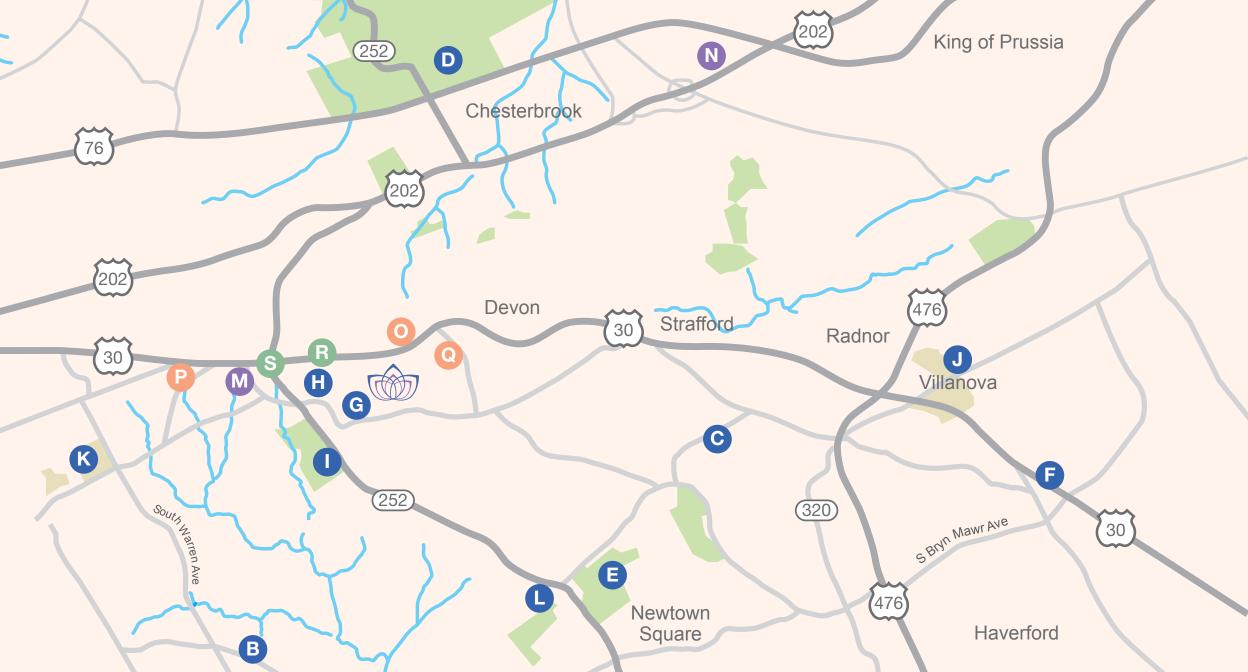
- M Paoli Shopping Center
- N King of Prussia Mall

### DINING

- O Nectar
- P San Nicola
- Q Handel's Ice Cream

#### **TRANSPORTATION**

- R Daylesford Train Station
- Paoli Amtrak Station



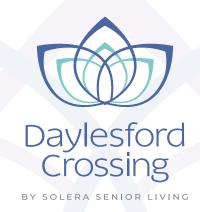


## Come for a Visit and See

We invite you to visit Daylesford Crossing and learn about the full range of services and amenities offered through our Connections Memory Care program.

To schedule your personal tour, please contact us at

daylesfordcrossingleasing@soleraseniorliving.com or 610.640.4000.



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